

Multimodal Social and Emotional Learning Program Available as a Full Year or Accelerated Program

The Confident Life Program™

A three-tier educational program for students K-3 based on the **Award-Winning** Junga the Dancing Yeti® Book & Film series.

The program is endorsed by Educators & Counselors and recognized by the **Child Safety Network®** as the 2023 Winner for Innovation in Curriculum.

Through the program, students will learn:

- Block 1: Acceptance, Belonging & Self-Awareness
- Block 2: Bullying Prevention,
 Forgiveness & Making New Friends
- Block 3: Conflict Resolution, Courage & Fair Play

Sponsored by:



The Confident Life Program™ Summary

- 1. Interactive Multimodal SEL Program for K-3rd Grades
- 2. Designed as Evidence-Based Program with Measurable Goals
- 3. Compliments Existing School/District Policies to Proactively Address Bullying
- 4. Customized Lesson Plans for Students Based on Three Books & Films
- 5. Interactive Activities for Children
- 6. Teacher/Parent Guides / Q&A
- 7. Program Evaluation
- 8. Personalized Certification of Completion for Students



Timeline of the Confident Life Program™

Program consists of one 30 to 45-minute segment per week. 5 segments (5 consecutive weeks) in the fall, 5 in the winter and 5 in the spring.

Block 1: Acceptance, Belonging & Self- Awareness

Segment 1: Readiness Survey, Introduction of the Confident Life Program™ and Educational Posters

Segment 2: Junga the Dancing Yeti Book, Storytelling,

Q&A, Group Activities

Segment 3: Junga the Dancing Yeti Film, Q&A, Activities

Segment 4: Student Roleplay Activities

Segment 5: Review of Block 1 & Introduction to Block 2: Bullying Prevention, Forgiveness & Making New Friends



Block 2: Bullying Prevention, Forgiveness & Making New Friends

Segment 6: Review of Block 1 and Introduction to Block 2

Segment 7: Junga the Dancing Yeti Meets Heidi Book,

Storytelling, Q&A, Group Activities

Segment 8: Junga Meets Heidi Film, Q&A, Group Activities

Segment 9: Student Roleplay Activities

Segment 10: Review of Block 2 & Introduction to Block 3: Conflict Resolution, Courage & Fair Play

Block 3: Conflict Resolution, Courage & Fair Play

Segment 11: Review of Blocks 1-2 & Introduction to Block 3

Segment 12: Junga the Dancing Yeti in Yeti, Set, Go! Book,

Storytelling, Q&A, Group Activities

Segment 13: Yeti, Set, Go Film, Q&A, Group Activities

Segment 14: Student Roleplay Activities

Segment 15: Final Program Summary, Small Group Roleplaying,

Certificates of Completion & Evaluation



Program includes Complete Teacher's Guide & Parent's Guide

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